

## NORTH WEST COACHING COURSES 2009/10

<b>LEVEL 1 (£60)</b>		
28/11/09	Manchester	NC0064
5/12/09	Preston	NC0068
19/12/09	Manchester	NC0065
<b>CHILDREN IN ATHLETICS (£60)</b>		
5/12/09	Manchester	NC0051
<b>LEADERSHIP IN RUNNING FITNESS</b>		
7/11/09	Manchester	NC0050
<b>LEVEL 2 EXPRESS COURSE (CORE &amp; EVENT) (£140)</b>		
30/31 Jan 2010	Core Weekend @ Leigh	NC0086
20/3/10 (Speed)	Manchester	NC0086S
20/3/10 (Throws)	Manchester	NC0086T
21/3/10 (Endurance)	Manchester	NC0086E
21/3/10 (Jumps)	Manchester	NC0086J
<b>LEVEL 3 MODULE (£100) SPORTCITY, MANCHESTER</b>		
12/13 Dec 09	Strength & Conditioning	NC0009
16/17 Jan 2010	Strength & Conditioning	NC0093
<b>LEVEL 3 PHASE 1</b>		
UKCC Qualification to be introduced April 2010		
<b>LEVEL 3 (PHASE 4) event-specific weekend</b>		
Alexander Stadium, Birmingham (£100) Note that these courses are only for coaches part-way through the Level 3 course. A new UKCC qualification is to be introduced in April 2010.		
21/22 Nov 09	Sprint Module	NC0056
21/22 Nov 09	Endurance Module	NC0059
21/22 Nov 09	Throws	NC0057
21/22 Nov 09	Jumps	NC0058

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