

LIVERPOOL HARRIERS & ATHLETIC CLUB

Sen M

Melbourne Open Meeting

Sunday, 20 April 2008

Wavertree Athletics Centre

**Senior Men's 200m (Round 1)**

Posn	Bib	Athlete	Club	Perf.
1	174	Jules Ryan	Wirral AC	22.5
2	167	Michael Zaim	Liv Pem Sef	22.7
3	129	Chris Honess	S/Port Wat	28.2

**Senior Men's Discus**

Posn	Bib	Athlete	Club	Perf.
1	123	Michael Bomba	Liv Har	39.10
2	151	Gulliver Marr	Leeds City AC	36.29

**Senior Men's 3000m**

Posn	Bib	Athlete	Club	Perf.
1	188	Alan Ashton	Liverpool Harriers	09:35.5
2	122	Dan Boatright	Liv Univ	11:44.6
3	130	Colin Jones	Liv Univ	11:49.4

**Senior Men's Hammer**

Posn	Bib	Athlete	Club	Perf.
1	123	Michael Bomba	Liv Har	59.66
2	148	William Peter Lowndes	Liverpool Harriers	54.33
3	151	Gulliver Marr	Leeds City AC	52.20
4	121	Morgan Bell	City of York AC	49.95

**Senior Men's 110m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	135	Paul Whittle	Blackburn	15.8
2	138	Neil Edwards	Wrexham AC	19.7

**Senior Men's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	147	Graeme Matthews	City of Sheffield AC	14.20

**Senior Men's 1 Mile**

Posn	Bib	Athlete	Club	Perf.
1	195	Harry Harper	Liverpool Harriers	04:29.4
2	192	Laurie Luscombe	Liverpool Harriers	04:48.0
3	188	Alan Ashton	Liverpool Harriers	05:08.8
4	98	Thomas Hyland	Liv Har	05:37.0
5	124	Adam Budd	Liv Univ	05:48.7

**Senior Men's Long Jump**

Posn	Bib	Athlete	Club	Perf.
1	150	Mathew Hulyer	Thanes Valley H	6.35
2	124	Adam Budd	Liv Univ	4.92

**Senior Men's Pole Vault**

Posn	Bib	Athlete	Club	Perf.
1	138	Neil Edwards	Wrexham AC	3.20
2	155	Mark Brunskill	Liverpool Harriers	2.80

**Senior Men's 100m**

Posn	Bib	Athlete	Club	Perf.
1	196	Philip Ellershaw	Liverpool Harriers	11.3
2	167	Michael Zaim	Liv Pem Sef	11.4
3	187	Craig Knight	St Helens Sutton	11.5
4	177	Shawn James	Liverpool Harriers	11.6
5	126	Bobby Clayton	Warrington AC	11.6
6	184	Ian Cooney	Unattached	12.9
7	129	Chris Honess	S/Port Wat	13.7

**Senior Men's Shot**

Posn	Bib	Athlete	Club	Perf.
1	148	William Peter Lowndes	Liverpool Harriers	15.52
2	151	Gulliver Marr	Leeds City AC	12.06
3	185	David McKown	Liverpool Harriers	10.79

**Senior Men's 800**

Posn	Bib	Athlete	Club	Perf.
1	133	Graham Powell	Liv Univ	02:01.4

**Senior Men's Javelin**

Posn	Bib	Athlete	Club	Perf.
1	132	David McKay	West Ch	61.96
2	127	Ben Fisher	Liv Har	59.04
3	185	David McKown	Liverpool Harriers	50.88
4	138	Neil Edwards	Wrexham AC	43.41

## LIVERPOOL HARRIERS &amp; ATHLETIC CLUB

Snr W

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**Senior Women's 200m (Round 1)**

Posn	Bib	Athlete	Club	Perf.
1	115	Carmen Gedling	Liv Har	24.6
2	120	Emma Trought	Liv Har	29.0

**Senior Women's 1 Mile**

Posn	Bib	Athlete	Club	Perf.
1	19	Rebecca Linney	Liv Har	05:09.7
2	77	Lucy Gemmell	Warrington AC	05:32.2
3	8	Megan Davies	Liv Har	05:51.3
4	26	Anna Schumacker	Liv Har	05:56.6
5	179	Sarah Jarvis	Liverpool Harriers	06:03.5
6	116	Katie Herman	Liv Univ	06:07.7

**Senior Women's 100m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	113	Helen Asher	Liv Har	14.3

**Senior Women's 100m (Race 1)**

Posn	Bib	Athlete	Club	Perf.
1	194	Julie Money	Wirral AC	13.4
2	120	Emma Trought	Liv Har	14.0

**Senior Women's 100m (Race 2)**

Posn	Bib	Athlete	Club	Perf.
1	113	Helen Asher	Liv Har	12.2
2	115	Carmen Gedling	Liv Har	12.6

**Senior Women's 400m**

Posn	Bib	Athlete	Club	Perf.
1	180	Vicky Griffiths	Liverpool Harriers	55.8
2	160	Stephanie May	Southport Waterloo AC	61.6
3	182	Sarah Elizabeth Goff	Blackpool Wyre & Flyde	74.9

**Senior Women's Hammer**

Posn	Bib	Athlete	Club	Perf.
1	119	Helen Sheen	Manx Har	30.22

**Senior Women's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	144	Natasha Awang	Liverpool Harriers	9.10
2	114	Helen Croft	Liv Har	8.08

**Senior Women's Shot**

Posn	Bib	Athlete	Club	Perf.
1	117	Gemma Llewellyn	Liv Har	11.47

**Senior Women's Pole Vault**

Posn	Bib	Athlete	Club	Perf.
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**Senior Women's Discus**

Posn	Bib	Athlete	Club	Perf.
1	117	Gemma Llewellyn	Liv Har	38.58

**Senior Women's Long Jump**

Posn	Bib	Athlete	Club	Perf.
1	144	Natasha Awang	Liverpool Harriers	4.80
2	114	Helen Croft	Liv Har	3.83

**Senior Women's Javelin**

Posn	Bib	Athlete	Club	Perf.
1	119	Helen Sheen	Manx Har	38.14

## LIVERPOOL HARRIERS &amp; ATHLETIC CLUB

Jun M

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**Junior Men's 400m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	103	David Munro	Manx Har	60.1
2	34	Tom Booth	West Ch	61.9
3	43	Edward Greenall	Preston Har	64.3

**Junior Men's 200m (Round 1)**

Posn	Bib	Athlete	Club	Perf.
1	102	Luke Miller-Briggs	Warrington AC	22.6
2	112	Daniel Yip	Liv Har	23.5
3	94	Lewis Emmitt	West Ch	23.6
4	153	Anthony Marsh	Liverpool Harriers	24.0
5	100	Lewis Jones		0 24.6

**Junior Men's 110m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	110	Liam Wilson	Liv Har	15.5
2	105	Michael Sweeney	Liv Har	15.7

**Junior Men's 1 Mile**

Posn	Bib	Athlete	Club	Perf.
1	90	Alec Beaney	West Ch	04:54.1
2	198	Matthew Bainbridge	Univ. of Liverpool	05:12.7

**Junior Men's 100m**

Posn	Bib	Athlete	Club	Perf.
1	102	Luke Miller-Briggs	Warrington AC	11.4
2	97	Danny Higham	Liv Pem Sef	11.5
3	110	Liam Wilson	Liv Har	11.8
4	94	Lewis Emmitt	West Ch	11.9
5	153	Anthony Marsh	Liverpool Harriers	11.9
6	100	Lewis Jones		0 12.1

**Junior Men's 400m**

Posn	Bib	Athlete	Club	Perf.
1	101	Jack McGinn	Liv Pem Sef	50.1
2	97	Danny Higham	Liv Pem Sef	51.1
3	107	Thomas Walley	West Ch	52.8
4	103	David Munro	Manx Har	53.4
5	197	Ross Michael Nelms	Liv Pem Sef	56.7

**Junior Men's 800m**

Posn	Bib	Athlete	Club	Perf.
1	195	Harry Harper	Liverpool Harriers	02:01.1
2	106	James Toohey	Liv Har	02:01.9
3	96	Thomas Hanlon	Liv Pem Sef	02:06.5
4	52	Philip Leggett	Liv Har	02:07.4

**Junior Men's Discus**

Posn	Bib	Athlete	Club	Perf.
1	108	Greg Watkins	Stockport Har	41.11
2	134	Adam Reynolds	Liv Har	29.21

**Junior Men's Hammer**

Posn	Bib	Athlete	Club	Perf.
1	134	Adam Reynolds	Liv Har	50.36
2	137	Mike Rigby	Oldham & Royton	47.09

**Junior Men's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	131	John Lee	Trafford	13.84
2	152	Mike Ehlen	Sale Harriers	13.67
3	149	Scott McEwan	Warrington AC	12.79
4	109	Andrew Whitton	West Ch	12.64
5	111	Chris Wort	Warrington AC	11.51

**Junior Men's Long Jump**

Posn	Bib	Athlete	Club	Perf.
1	91	Andrew Burgess	Sale Har M	6.90
2	159	Gareth Preston	West Ch	5.78

**Junior Men's Pole Vault**

Posn	Bib	Athlete	Club	Perf.
1	143	Christopher Roose	Liverpool Harriers	2.70

**Junior Men's High Jump**

Posn	Bib	Athlete	Club	Perf.
1	152	Mike Ehlen	Sale Harriers	1.92
2	105	Michael Sweeney	Liv Har	1.80

**Junior Men's Shot**

Posn	Bib	Athlete	Club	Perf.
1	105	Michael Sweeney	Liv Har	10.20
2	134	Adam Reynolds	Liv Har	10.19

**Junior Men's Javelin**

Posn	Bib	Athlete	Club	Perf.
1	104	Stephen Porter	Preston Har	54.14
2	93	Niall Ellison	Liv Har	53.84
3	89	Andrew Allan	Liv Har	51.67
4	146	Mike Jones	Liv Pem Sef	38.44
5	105	Michael Sweeney	Liv Har	31.73

## LIVERPOOL HARRIERS &amp; ATHLETIC CLUB

Jun W

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**Junior Women's 400m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	72	Samantha Coleby	Durham city	63.3
2	84	Eleanor Markendale	Pendle AC	66.5
3	171	Katie McHale	Southport Waterloo AC	73.0

**Junior Women's 200m (Round 1)**

Posn	Bib	Athlete	Club	Perf.
1	85	Becky McLinden	Wirral AC	25.6
2	166	Hayley Darbyshire	Warrington AC	27.0

**Junior Women's 200m (Round 2)**

Posn	Bib	Athlete	Club	Perf.
1	72	Samantha Coleby	Durham city	25.6
2	85	Becky McLinden	Wirral AC	25.7

**Junior Women's 100m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	79	Ashley Helsby	Liv Har	14.2
2	86	Danielle Rooney	Sale Harriers	15.7
3	82	Stephanie Kleynans	Macc Har	16.3

**Junior Women's 100m (Race 1)**

Posn	Bib	Athlete	Club	Perf.
1	139	Laura Davies	Blackpool Wyre & Flyde	12.4
2	69	Kate Brick	Wirral AC	12.7
3	166	Hayley Darbyshire	Warrington AC	13.2
4	73	Charlotte Collins	Wirral	14.1

**Junior Women's 100m (Race 2)**

Posn	Bib	Athlete	Club	Perf.
1	85	Becky McLinden	Wirral AC	13.0
2	86	Danielle Rooney	Sale Harriers	13.3
3	142	Dawn Gasgarth	Blackpool Wyre & Flyde	14.1

**Junior Women's 400m**

Posn	Bib	Athlete	Club	Perf.
1	76	Rachel Franklin	Manx Har	63.7

**Junior Women's 800m**

Posn	Bib	Athlete	Club	Perf.
1	76	Rachel Franklin	Manx Har	02:23.7
2	75	Rhea Ellis	S/Port Wat	02:27.3
2	83	Melissa Longworth	Liv Har	02:30.1
2	176	Rebecca Fordham	Bolton Utd Har	02:33.0
2	22	Rachel Peers	Liv Har	03:02.6

**Junior Women's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	70	Amy Campagne	Deeside	10.35

**Junior Women's Hammer**

Posn	Bib	Athlete	Club	Perf.
1	81	Vicky Johnson	Liv Har	44.91
2	88	Suzane Woodward	Liv Har	38.51
3	71	Charlotte Christian	Liv Pem Sef	35.23
4	145	Rachel Hutchinson	Liv Pem Sef	27.81

**Junior Women's Shot**

Posn	Bib	Athlete	Club	Perf.
1	81	Vicky Johnson	Liv Har	10.20
2	82	Stephanie Kleynans	Macc Har	8.78
3	71	Charlotte Christian	Liv Pem Sef	8.06
4	145	Rachel Hutchinson	Liv Pem Sef	7.92

**Junior Women's Pole Vault**

Posn	Bib	Athlete	Club	Perf.
1	80	Ruth Johns	Deeside	2.50
2	142	Dawn Gasgarth	Blackpool Wyre & Flyde	2.20

**Junior Women's Long Jump**

Posn	Bib	Athlete	Club	Perf.
1	84	Eleanor Markendale	Pendle AC	5.62
2	82	Stephanie Kleynans	Macc Har	5.28
3	70	Amy Campagne	Deeside	4.84

**Junior Women's Javelin**

Posn	Bib	Athlete	Club	Perf.
1	82	Stephanie Kleynans	Macc Har	22.57

## LIVERPOOL HARRIERS &amp; ATHLETIC CLUB

U17 M

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**U17 Men's 200m (Round 1 - Race 1)**

Posn	Bib	Athlete	Club	Perf.
1	156	Callum Burns	Liv Pem Sef	23.6
2	36	Jake Collins	Wirral AC	24.1
3	40	Stuart Dolman	Liv Pem Sef	24.2
4	157	Robert Dagnall	West Ch	24.5
5	39	David Devine	Liv Har	24.7
6	161	Aaron Flanagan	Wigan Harriers	24.9

**U17 Men's 200m (Round 1 - Race 2)**

Posn	Bib	Athlete	Club	Perf.
1	165	James Armstrong	Southport Waterloo AC	22.6
2	162	Adam Forrest	Wigan Harriers	22.6
3	170	Adam Thomson	Liv Pem Sef	23.3
4	33	Oliver Back	Liv Har	23.8
5	61	Thomas Stafford	Preston Har	23.9
6	99	Craig Jones	Liv Har	24.1
7	63	Aidan Stoakley	West Ch	24.6

**U17 Men's 3000m**

Posn	Bib	Athlete	Club	Perf.
1	186	Matthew Crehan	Wigan Harriers	09:24.6
2	37	Ben Costello	Wirral AC	10:12.6

**U17 Men's 1 Mile**

Posn	Bib	Athlete	Club	Perf.
1	191	Ben Brown	Liverpool Harriers	04:55.5
2	193	Michael Bush	Liverpool Harriers	05:06.7
3	53	Mark Loveridge	Liv Har	05:08.8
4	183	Jai Vernon-McGuigan	Southport Waterloo AC	05:10.2

**U17 Men's 100m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	169	Jack Meredith	Liverpool Harriers	13.1
2	60	Sid Srinivas	Wirral AC	14.8
3	34	Tom Booth	West Ch	15.4

**U17 Men's 100m (Race 1)**

Posn	Bib	Athlete	Club	Perf.
1	33	Oliver Back	Liv Har	11.7
2	170	Adam Thomson	Liv Pem Sef	11.9
3	156	Callum Burns	Liv Pem Sef	12.0
4	36	Jake Collins	Wirral AC	12.2
5	40	Stuart Dolman	Liv Pem Sef	12.3
6	61	Thomas Stafford	Preston Har	12.4
7	50	Jordan Kelly	S/Port Wat	12.5
8	161	Aaron Flanagan	Wigan Harriers	12.8

**U17 Men's Discus**

Posn	Bib	Athlete	Club	Perf.
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**U17 Men's Hammer**

Posn	Bib	Athlete	Club	Perf.
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**U17 Men's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	42	Stephen Garnett	Liv Har	11.32

**U17 Men's Long Jump**

Posn	Bib	Athlete	Club	Perf.
1	99	Craig Jones	Liv Har	6.25
2	50	Jordan Kelly	S/Port Wat	5.98
3	42	Stephen Garnett	Liv Har	5.75

**U17 Men's Pole Vault**

Posn	Bib	Athlete	Club	Perf.
1	48	Daniel Hodgson	Wrexham AC	3.40
2	57	Declan O'Hara	Blackpool & F	3.30
3	51	Daniel Lancaster	Liv Har	2.60

**U17 Men's High Jump**

Posn	Bib	Athlete	Club	Perf.
1	50	Jordan Kelly	S/Port Wat	1.60

**U17 Men's Discus**

Posn	Bib	Athlete	Club	Perf.
1	181	Najee Fox	City of Stoke AC	42.66

**U17 Men's Javelin**

Posn	Bib	Athlete	Club	Perf.
1	58	Michael Porter	Preston Har	35.29
2	51	Daniel Lancaster	Liv Har	31.54

**LIVERPOOL HARRIERS & ATHLETIC CLUB**

U17 M

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**U17 Men's 100m (Race 2)**

Posn	Bib	Athlete	Club	Perf.
1	169	Jack Meredith	Liverpool Harriers	11.3
2	162	Adam Forrest	Wigan Harriers	11.4
3	163	Luke Williams	Wigan Harriers	11.5
4	60	Sid Srinivas	Wirral AC	11.9
5	42	Stephen Garnett	Liv Har	12.1
6	38	Joe Crawford	Liv Har	12.9

**U17 Men's 400m**

Posn	Bib	Athlete	Club	Perf.
1	178	Andrew Starkey	Southport Waterloo AC	52.7
2	67	Aamir Walwyn	West Ch	53.5
3	172	Jack James Taylor	Bolton Utd Har	55.4
4	63	Aidan Stoakley	West Ch	55.8
5	189	Chris Wilson	Wirral AC	57.6
6	62	Michael Stam	Liv Pem Sef	60.8

**U17 Men's 800m**

Posn	Bib	Athlete	Club	Perf.
1	190	David Forrester	Liv Pem Sef	02:01.7
2	47	Chris Hesketh	Liv Pem Sef	02:04.3
3	44	Alex Haswell	West Ch	02:06.9
4	54	Toby Loveridge	Liv Pem Sef	02:07.7
5	55	Danny Meadows	West Ch	02:10.6
6	35	Michael Bride	Liv Pem Sef	02:11.4
7	46	Jake Helm	Liv Pem Sef	02:12.1
8	49	Daniel Hyland	Liv Har	02:39.6

## LIVERPOOL HARRIERS &amp; ATHLETIC CLUB

U17 W

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**U17 Women's 300m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	31	Sophie Wood	Durham City Har	46.7
2	158	Sophie Bell-Morgan	Liverpool Harriers	47.2
3	16	Carla Jones	Liv Har	49.6
4	3	Sophie Bowden	Sale Har M	51.2
5	28	Grace Stewart	Liv Pem Sef	55.0
6	6	Lexi Cochrane	Bolton Utd Har	56.8

**U17 Women's 200m (Round 1)**

Posn	Bib	Athlete	Club	Perf.
1	154	Rachel Johncock (U15G)	Colwyn Bay	25.3
2	4	Lauren Brennan	S/Port Wat	25.9
3	14	Samantha Galley	West Ch	26.4
4	13	Amy Forrester	Liv Har	26.5
5	7	Laura Crook	Liv Har	27.6

**U17 Women's 200m (Round 2)**

Posn	Bib	Athlete	Club	Perf.
1	31	Sophie Wood	Durham City Har	27.2

**U17 Women's 80m Hurdles**

Posn	Bib	Athlete	Club	Perf.
1	1	Holly Bleasedale	Blackburn Har	12.4
2	158	Sophie Bell-Morgan	Liverpool Harriers	12.4
3	24	Ellie Quirk	Liv Har	12.6
4	3	Sophie Bowden	Sale Har M	12.7
5	18	Sarah Lewis	Warrington AC	12.8
6	28	Grace Stewart	Liv Pem Sef	15.2

**U17 Women's 100m (Round 1)**

Posn	Bib	Athlete	Club	Perf.
1	154	Rachel Johncock (U15G)	Colwyn Bay	12.4
2	24	Ellie Quirk	Liv Har	12.8
3	29	Megan Ward	Liv Har	12.8
4	4	Lauren Brennan	S/Port Wat	12.8
5	175	Katy Wyper	Blackpool Wyre & Flyde	12.9
6	13	Amy Forrester	Liv Har	12.9
7	14	Samantha Galley	West Ch	13.0
8	7	Laura Crook	Liv Har	13.6

**U17 Women's 300m**

Posn	Bib	Athlete	Club	Perf.
1	19	Rebecca Linney	Liv Har	42.0
2	16	Carla Jones	Liv Har	42.2
3	23	Bryony Potter	West Ch	42.7
4	10	Heather Drillingcourt	St Helens Sutton	44.3
5	6	Lexi Cochrane	Bolton Utd Har	45.3
6	11	Georgina Dykstra	Liv Har	45.3
7	8	Megan Davies	Liv Har	47.3

**U17 Women's 100m (Round 2)**

Posn	Bib	Athlete	Club	Perf.
1	175	Katy Wyper	Blackpool Wyre & Flyde	13.3

**U17 Women's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	21	Lydia Morley	Liv Har	9.83
2	5	Emily Clarke	West Ch	9.49

**U17 Women's Hammer**

Posn	Bib	Athlete	Club	Perf.
1	20	Chloe Mears	Lic Har	18.79

**U17 Women's Triple Jump**

Posn	Bib	Athlete	Club	Perf.
1	140	Jenna Elizabeth Sherratt	Deeside	9.83
2	164	Laura Baker	Wigan Harriers	9.51
3	141	Becca Chin	Deeside	9.18
4	5	Emily Clarke	West Ch	7.19

**U17 Women's Pole Vault**

Posn	Bib	Athlete	Club	Perf.
1	9	Rebecca Davies	Deeside	3.10
2	25	Lucy Roulston		0 2.80
3	1	Holly Bleasedale	Blackburn Har	2.30

**U17 Women's Discus**

Posn	Bib	Athlete	Club	Perf.
1	164	Laura Baker	Wigan Harriers	32.84
2	141	Becca Chin	Deeside	32.26
3	140	Jenna Elizabeth Sherratt	Deeside	27.29
4	6	Lexi Cochrane	Bolton Utd Har	16.89

**U17 Women's Long Jump**

Posn	Bib	Athlete	Club	Perf.
1	5	Emily Clarke	West Ch	4.79
2	21	Lydia Morley	Liv Har	4.76

**U17 Women's Javelin**

Posn	Bib	Athlete	Club	Perf.
1	173	Kayleigh Huggins	Preston Har	31.40
2	12	Emily Fisher	West Ch	29.72
3	1	Holly Bleasedale	Blackburn Har	26.22

**U17 Women's High Jump**

Posn	Bib	Athlete	Club	Perf.
1	21	Lydia Morley	Liv Har	1.58
2	1	Holly Bleasedale	Blackburn Har	1.55

**U17 Women's 800m**

Posn	Bib	Athlete	Club	Perf.
1	30	Emma Wakefield	Liv Har	02:20.9
2	15	Nicole Garner	Liv Pem Sef	02:52.1