

| Posn | Bib | Athlete | Category | Club | Time |
|------|-----|--------------------|----------|-----------------------------|-------|
| 1 | 114 | Mark Keeley | | Liverpool Harriers | 25.58 |
| 2 | 65 | Xavier Desse | | Wirral AC | 26.38 |
| 3 | 116 | Mark Hulmston | | Wirral AC | 26.58 |
| 4 | 87 | Phil Peerless | | Wirral AC | 27.03 |
| 5 | 75 | Darren Brazier | | Abergele H | 27.17 |
| 6 | 68 | Paul Wathan | | Eryri | 27.24 |
| 7 | 46 | Rob Cushion | | Liverpool Harriers | 27.28 |
| 8 | 70 | Jon-Philip Seymour | U20 | Wirral AC | 27.38 |
| 9 | 109 | Julian Ferraro | M40 | London Heathside AC | 28.06 |
| 10 | 76 | Mark Dodd | | Ellesmere Port Running Club | 28.18 |
| 11 | 37 | Greg Jones | | Wallasey AC | 28.20 |
| 12 | 26 | Dewi Roberts | M40 | Abergele H | 28.23 |
| 13 | 25 | Tim Cahill | M45 | Abergele H | 28.29 |
| 14 | 17 | Guy Roberts | | Mossley Hill AC | 28.33 |
| 15 | 97 | Chris Pedder | M50 | Newburgh Nomads | 28.35 |
| 16 | 19 | Anthony Barbat | M45 | Wallasey AC | 28.41 |
| 17 | 78 | Ray Cole | M45 | Liverpool Harriers | 28.44 |
| 18 | 42 | Kelvin Dickinson | | Wirral AC | 28.46 |
| 19 | 85 | Richard Bowker | M45 | Southport Waterloo | 28.48 |
| 20 | 41 | Kevin Buxton | M50 | Wirral AC | 28.53 |
| 21 | 27 | Gareth Roberts | M40 | Abergele H | 29.03 |
| 22 | 14 | Paul Schumann | M45 | Roby R | 29.20 |
| 23 | 124 | Kevin Keating | | Wirral AC | 29.26 |
| 24 | 39 | Tony McDevitt | M55 | Wirral AC | 29.33 |
| 25 | 43 | Karl Bryers | M40 | Wirral AC | 29.36 |
| 26 | 108 | patrick Boyle | | Liverpool Running Club | 29.37 |
| 27 | 2 | Adair Broughton | | Helsby RC | 29.40 |
| 28 | 52 | Mark Hargreaves | | Liverpool Harriers | 29.42 |
| 29 | 66 | Ben Costello | U20 | Wirral AC | 29.49 |
| 30 | 80 | Mark Baylis | M45 | Wirral AC | 29.52 |
| 31 | 12 | Derek Ashcroft | M55 | Penny Lane Striders | 30.22 |
| 32 | 110 | Thomas Knight | M45 | Unattached | 30.25 |
| 33 | 92 | Robert Burke | M40 | Liverpool Running Club | 30.28 |
| 34 | 91 | Natalie Palin | F | Liverpool Running Club | 30.35 |
| 35 | 98 | Christopher Gibbs | M45 | Wirral AC | 30.49 |
| 36 | 29 | Steve Townsend | | Unattached | 30.51 |
| 37 | 57 | Clare Murphy | FU20 | Liverpool Harriers | 30.54 |
| 38 | 40 | Neil Toner | | Wirral AC | 31.10 |
| 39 | 115 | Mike Stone | M50 | Wirral AC | 31.23 |
| 40 | 38 | Ian Landucci | M45 | Helsby RC | 31.24 |
| 41 | 7 | Anthony Metcalfe | M55 | Mossley Hill AC | 31.25 |
| 42 | 67 | Martin Hirrell | M40 | Penny Lane Striders | 31.31 |
| 43 | 10 | Taby Briony | F40 | Mossley Hill AC | 31.32 |
| 44 | 118 | John Courtney | | Unattached | 31.36 |
| 45 | 111 | Ian Harnis | M40 | Unattached | 31.39 |
| 46 | 122 | Mark Davies | | St Helens Sutton | 31.44 |
| 47 | 56 | Chantal Quarless | F | Liverpool Harriers | 31.46 |
| 48 | 96 | Paul Collins | M40 | Wirral AC | 31.52 |
| 49 | 88 | Danny Fagan | M40 | St Helens Striders | 31.54 |
| 50 | 1 | Graham Beardsmore | M45 | Penny Lane Striders | 32.05 |
| 51 | 32 | Jeff Mason | M55 | Liverpool Pembroke & Sefton | 32.07 |
| 52 | 50 | Billy Hargreaves | M60 | Liverpool Harriers | 32.20 |

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| 53 | 45 | David Buce | | Penny Lane Striders | 32.26 |
| 54 | 48 | Marina Ali | F35 | Liverpool Harriers | 32.27 |
| 55 | 30 | Neil Atkinson | | WestChes | 32.27 |
| 56 | 60 | Paul Cliff | M40 | Liverpool Running Club | 32.36 |
| 57 | 58 | Michelle Murphy | F40 | Liverpool Harriers | 32.38 |
| 58 | 101 | Anthony Peacock | M55 | Northern Vets AC | 32.42 |
| 59 | 99 | John Cottrell | M65 | Wallasey AC | 32.51 |
| 60 | 61 | Joseph Smith | M55 | Unattached | 32.53 |
| 61 | 21 | Philip Walker | M60 | Wrexham AC | 32.55 |
| 62 | 59 | David Owen | | Liverpool Running Club | 33.04 |
| 63 | 107 | Steve Riley | M40 | Helsby RC | 33.06 |
| 64 | 72 | Tommy Burke | M60 | Penny Lane Striders | 33.14 |
| 65 | 119 | Mr N Fowle | M45 | Unattached | 33.19 |
| 66 | 89 | Rebecca Hannah | FU20 | Wirral AC | 33.27 |
| 67 | 15 | Tim Warn | M55 | Penny Lane Striders | 33.29 |
| 68 | 74 | Steve Pemberton | M50 | Penny Lane Striders | 33.32 |
| 69 | 64 | Robert Kelly | | Liverpool Running Club | 33.41 |
| 70 | 81 | Daniel Leighton-Davies | | Unattached | 33.42 |
| 71 | 8 | Geoff Shaw | M55 | Helsby RC | 33.49 |
| 72 | 83 | Sophie Hunt | FU20 | Wirral AC | 34.10 |
| 73 | 94 | Tricia Jones | F50 | Wallasey AC | 34.15 |
| 74 | 18 | Peter Carpenter | M45 | Unattached | 34.20 |
| 75 | 77 | Sarah McRobie | F | Menai Track & Field | 34.23 |
| 76 | 100 | Alison Hughes | F | Ellesmere Port Running Club | 34.32 |
| 77 | 90 | Will Ferguson | | Wirral AC | 34.35 |
| 78 | 51 | Paul White | | Unattached | 34.38 |
| 79 | 6 | Derek McArdle | M45 | Wallasey AC | 34.49 |
| 80 | 69 | Gemma Morgans | FU20 | Eryri | 34.51 |
| 81 | 128 | Catherine Terry | F | Liverpool Pembroke & Sefton | 35.05 |
| 82 | 121 | Christopher Cain | M40 | WestChes | 35.19 |
| 83 | 13 | Chris Hirst | M40 | Unattached | 35.21 |
| 84 | 28 | Andrew Conway | M40 | Unattached | 35.22 |
| 85 | 93 | Sue Burke | F45 | Liverpool Running Club | 35.29 |
| 86 | 112 | Robert Lehane | M40 | Unattached | 35.55 |
| 87 | 22 | Paul Hannigan | M55 | Roby R | 36.08 |
| 88 | 3 | Alan Clarey | M55 | Mossley Hill AC | 36.26 |
| 89 | 84 | Phil Bluer | M45 | Penny Lane Striders | 36.47 |
| 90 | 106 | Carol Shaw | F45 | Helsby RC | 36.52 |
| 91 | 63 | Nick MacKarel | M40 | Unattached | 37.13 |
| 92 | 82 | Michael Veitch | | Unattached | 37.42 |
| 93 | 54 | Jane Fraser | F55 | Wirral | 37.44 |
| 94 | 24 | Paul Shannon | M50 | BICC Presct | 37.46 |
| 95 | 120 | Sharon Farmer | F | Mossley Hill AC | 38.40 |
| 96 | 71 | Colin Vose | M45 | Unattached | 38.50 |
| 97 | 47 | Murray Freeman | M55 | Wirral AC | 39.09 |
| 98 | 55 | Helene Gilmour | F35 | Wirral | 39.17 |
| 99 | 104 | Ciara Murphy | F | Deestridders | 39.34 |
| 100 | 117 | Judith Dyer | F40 | Penny Lane Striders | 39.37 |
| 101 | 103 | Mick Flaherty | | Deestridders | 39.48 |
| 102 | 113 | Nicci Davies | F55 | Wallasey AC | 39.58 |
| 103 | 11 | Andy Todd | M60 | Helsby RC | 40.20 |
| 104 | 35 | M Brockway | F45 | WirralAC | 40.22 |
| 105 | 79 | Dave Gawne | M55 | Wirral AC | 40.32 |

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| 106 | 16 | Catherine Nevin | F50 | Penny Lane Striders | 40.47 |
| 107 | 125 | Stuart Roger Nott | | Unattached | 40.53 |
| 108 | 127 | Lawrie Brown | M65 | Birkenhead AC | 41.31 |
| 109 | 33 | Sidney Molyneux | M60 | Picton | 41.31 |
| 110 | 102 | Katherine Moggach | F | Unattached | 41.48 |
| 111 | 62 | Amanda Alcock | F | Unattached | 41.53 |
| 112 | 95 | Michael Breslin | M45 | Rohersa AC | 42.05 |
| 113 | 123 | Sarah Price | F40 | Helsby RC | 42.07 |
| 114 | 105 | Vanessa Griffiths | F40 | Helsby RC | 43.07 |
| 115 | 86 | Jon Singleton | M50 | Southport Waterloo | 43.27 |
| 116 | 23 | Lol Taylor | M65 | BICC Presct | 44.07 |
| 117 | 36 | A Brockway | M45 | Wirral AC | 44.30 |
| 118 | 9 | Janet Shaw | F55 | Helsby RC | 45.15 |
| 119 | 73 | Kevin O'Brien | M65 | Penny Lane Striders | 45.22 |
| 120 | 126 | Stephen Hope | M50 | Unattached | 45.49 |
| 121 | 53 | Jon Court | | Liverpool Running Club | 46.28 |
| 122 | 34 | Avril Rowley | F40 | Unattached | 49.43 |
| 123 | 31 | Joanne Dane | F35 | Unattached | 49.45 |