

## Merseyside Race Winners

### LIVERPOOL 10K

1992	S McCann	Duncairn	29.44		H Williams	Swansea	35.45	<b>1140</b>
1993	B Currie	Liv H	30.43		H Lawrence	Wirral	39.12	<b>1402</b>
1994	A O'Brien	Liv H	30.36		L Cooper	Rossendale	37.13	<b>1690</b>
1995	B Currie	Liv H	30.19		P Morgan	Liv H	36.38	<b>1774</b>
1996	M McLoughlin	PemSef	30.03		H Pattinson	Preston	36.13	<b>2177</b>
1997	R Finch	Southampton	29.59		H Pattinson	Preston	34.48	<b>2052</b>
1998	D Lewis	Rossendale	30.54		C McKiernan	Dublin	32.56	<b>2028</b>
1999	E Kiplagat	Nthwood	30.12		S Griffiths	Wakefield	35.56	<b>1657</b>
2000	M Hawkins	Bingley	31.20		H Lawrence	Wirral	35.40	<b>2122</b>
2001	W Cheruyiot	Mizuno	30.56		H Pattinson	Preston	33.23	<b>2112</b>
2002	D Too	Mizuno	29.27		E Jepkoge	Mizuno	34.04	<b>2065</b>
2003	W Taragon	Kenya	30.36		M Wangari	Kenya	34.10	<b>1889</b>
2004	W Taragon	Kenya	30.18		M Otwor	U	34.46	<b>2843</b>
2005	S Arusei	Kenya	29.31		C Mutwa	Kenya	33.49	<b>3413</b>
2006	P McGlory	Liv H	30.38		M McDonnell	Chester-le-St	34.39	<b>2309</b>
2007	A Norman	Altrincham	31.10		H Lawrence	Wirral	35.51	<b>2347</b>
2008	J McCole	Liv H	31.28		H Carroll	Liv H	37.43	<b>2110</b>
2009	M Barnes	Altrincham	30.32		J Clague	Liv H	36.38	<b>2237</b>
2010	J Mellor	Liv H	30.00		J Clague	Liv H	36.34	<b>1749</b>

### LIVERPOOL HALF MARATHON

1991	M McLoughlin	LivPem	67.23		C McCarthy	?	86.12	<b>609</b>
1992	M McLoughlin	LivPem	64.52		C McCarthy	?	84.55	<b>693</b>
1993	No Race							
1994	P Roden	England	64.50		K Mijovic	England	74.28	<b>968</b>
1995	F Kipunge	Int Select	65.49		R Potter	U	76.05	<b>857</b>
1996	M Nazipov	Russia	64.46		S Skvorsova	Ins	74.37	<b>1082</b>
1997	M Ojuku	Kenya	62.55		A Mair	GB	74.45	<b>1458</b>
1998	M Ojuku	Kenya	62.45		Z Seminova	Russia	74.30	<b>1746</b>
1999	?				?			
2000	F Roncero	Spain	61.12		E Kiplagat	Kenya	73.39	<b>1589</b>
2001	N Vendesale	PemSef	70.01		J Clague	Liv H	81.01	<b>1598</b>
2002	N Molemo	RSA	63.49		C Mutwa	Kenya	79.20	<b>1723</b>
2003	W Kogo	Kenya	64.56		Y Burykina	Russia	75.01	<b>2176</b>
2004	Z Kihara	U	65.21		J Clague	Liv H	79.06	<b>2617</b>
2005	S Kasimili	U	64.15		D Mason	U	73.02	<b>2353</b>
2006	A Norman	Salford	65.24		?			<b>4531</b>
2007	B Fish	Blackburn	67.15		D Hawker	RRC	77.35	<b>4086</b>
2008	B Fish	Blackburn	68.01		J Blizzard	Rotherham	75.53	<b>3433</b>
2009	S Stokes	Sale	70.20		S Ridehalgh	Accrington	83.46	<b>3498</b>
2010	P Sankey	LivRC	73.25		J Briscoe	Wakefield	76.56	<b>4531</b>
2011	B Fish	Blackburn	67.41		L Jeska	Todmorden	79.03	<b>6269</b>

## TUNNEL 10K

1997	P Green		32.04		S Cooper	SWAC	39.20		<b>839</b>
2007	D Catt	Liv H	33.45		J Landley	U	41.08		<b>1427</b>
2008	J Toohey	Liv H	34.34		J Clague	Liv H	36.32		<b>1838</b>
2009	P Sankey	Liv RC	33.50		K Longley	PemSef	37.50		<b>1879</b>
2010	S Stokes	Sale	32.29		J Clague	Liv H	36.17		<b>2195</b>
2011	J McCole	Liv H	31.31		J Clague	Liv H	38.48		<b>2820</b>

## MERSEY MARATHON

1927	S Ferris (RAF)					
1928	S Ferris (RAF)					
1929	H Woods					
1930	H Woods					
1931-1947	No Race					
1948-1961	Winners included R.W.Minnis, J Tarrant and Ron Hill					
1962-1966	No Race					
1967	??					
1968	?? (60 finishers)					
1969-1981	No Race					
1982	P Malcolmson	2.27.05		Liz Hardley	3.19.20	<b>?</b>
1983	A Rich	2.23.07		Liz Hardley	3.04.36	<b>3,100+</b>
1984	H Clague	2.21.10		Liz Hardley	3.00.28	<b>3,100+</b>
1985	A Norman	2.20.10		F Poland	2.58.10	<b>?</b>
1986	I Corrin	2.19.21		F Mudway	2.54.45	<b>2,056</b>
1987	M Ellison	2.23.32		Tanya Ball	2.46.56	<b>1,809</b>
1988	I Corrin	2.21.18		F Poland	2.57.12	<b>?</b>
1989	C Thackeray	2.14.19		M Oddie	3.02.50	<b>?</b>
1990	No Race					
1991	S Hendrie	2.24.51		K Leigh	3.07.46	<b>722</b>
1992	I Corrin	2.23.00		Tanya Ball	2.54.21	<b>490</b>

## LIVERPOOL WOMEN'S 10K

1987	Sheila Catford	Leeds City AC	34.51	
1988	Sue Dilnot	Lordshill RR	34.50	
1989	Helen Titterton	Leicester Corinthians	33.39	
1990	Alison Goodernam	Bournemouth	34.06	
1991	Brenda Walker	Western AC	34.20	
1992	Heather Heasman	Invicta	34.07	<b>1858</b>
1993	Suzanne Rigg	Warrington AC	34.20	<b>2135</b>
1994	Angie Holley	Leeds AC	34.16	
1995	Lesley Morton	Eastbury AC	34.03	
1996	Suzanne Rigg	Warrington AC	35.13	
1997	Lucy Wright	Leeds City AC	34.44	
1998	Jenny Clague	Liv H	37.04	
1999	Alison Wyeth	Parkside AC	36.03	
2000	Catherina McKiernan	Cornafern AC	34.02	
2001	Lisa Mawer	Bingley H	36.19	<b>3000</b>

2002	Lisa Mawer	Bingley H	35.01	<b>3018</b>	
2003	Lisa Mawer	Bingley H	35.59	<b>2824</b>	
2004	Helen Lawrence	Wirral AC	34.27	<b>3167</b>	
2005	Helen Lawrence	Wirral AC	34.21	<b>3310</b>	
2006	Maria Barrett	Liv Uni Tri	35.45	<b>2690</b>	
2007	Rachel Moore	Wigan Phoenix	37.36	<b>2113</b>	
2008	Jenny Clague	Liv H	37.35	<b>2073</b>	
2009	Helen Lawrence	Wirral AC	36.02	<b>1390</b>	+ 235 in 5K
2010	Jenny Clague	Liv H	36.18	<b>1314</b>	+ 278 in 5K
2011	M Barrett	Liv H	37.20	<b>1135</b>	+196 in 5K

## SEFTON PARK 5

Pre 91	??				??		finishers	
1991	L Cadwallader	Sefton	25.00		? Kehoe	Bolton	30.27	??
1992	L Cadwallader	Liv H	24.15		C Nevin	Penny L	31.25	<b>378</b>
1993	M.McLoughlin	Liv Pem	23.39		S Crehan	Sale	27.58	<b>437</b>
1994	D Reilly	Liv Pem	24.10		C Banalin	Sth Liv	30.31	<b>405</b>
1995	B Currie	Liv H	24.33		L Cooper	Rosendale	29.12	<b>366</b>
1996	B Masya	Kenya	23.37		J Taylor	Liv H	29.04	<b>433</b>
1997	M McLoughlin	PemSef	24.06		P Morgan	Liv H	28.32	<b>480+</b>
1998	A Woods	PemSef	25.09		J Clague	Liv H	28.31	<b>352</b>
1999	N Jones	Tipton	24.09		G Varley	Liv H	29.37	<b>236</b>
2000	N Jones	Tipton	24.10		G Varley	Liv H	30.18	<b>298</b>
2001	A O'Brien	Morpeth	25.34		J Clague	Liv H	28.50	<b>265</b>
2002	N Jones	Tipton	24.37		S Greene	Liv RC	31.46	<b>202</b>
2003	P McGlory	Liv H	25.27		F McLaughlin	P Lane	33.16	<b>247</b>
2004	J McCole	Liv H	25.56		O Renshaw	ValeRoyale	29.11	<b>234</b>
2005	P McGlory	Liv H	24.35		E Parry	Wrexham	30.48	<b>356</b>
2006	P McGlory	Liv H	24.45		J Clague	Liv H	28.07	<b>251</b>
2007	M Keeley	Liv H	25.19		S Cooper	SWAC	32.46	<b>223</b>
2008	A Vaughan	Etyfi	25.19		B Wright	Blackpool	31.50	<b>197</b>
2009	P Sankey	Liv RC	26.29		N Bird	Ellesmere	29.42	<b>226</b>
2010	R Burney	Liv H	25.46		J Clague	Liv H	29.12	<b>302</b>
2011	C Gunderson	Liv H	24.49		M Barrett	Liv H	31.14	<b>427</b>

## WALTON PARK 5

Pre 1993	??						finishers	
1993	M McLoughlin	PemSef	23.48		J Taylor	Red Counties	28.55	<b>300+</b>
1994	M McLoughlin	PemSef	23.37		C Banlin	Sth Liv	30.04	<b>377</b>
1995	M McLoughlin	PemSef	23.45		G Basnett	Wirral	30.55	<b>434</b>
1996	M McLoughlin	PemSef	24.09		C Murphy	Liv H	31.12	<b>411</b>
1997	??				??			
1998	??				??			
1999	??				??			
2000	M Hill	Tipton	23.49		J Clague	Liv H	28.39	<b>?</b>
2001	N Jones	Tipton	24.36		J Clague	Liv H	28.41	<b>321</b>
2002	A Ward	Wigan Ph	25.42		L McDermott	Liv H	31.13	<b>271</b>
2003	N Jones	Tipton	24.53		J Clague	Liv H	29.08	<b>264</b>
2004	P McGlory	Liv H	24.38		C McIlroy	Wirral	29.11	<b>249</b>

2005	P McGlory	Liv H	24.55		C Davies	Spectrum	30.37	<b>254</b>
2006	P McGlory	Liv H	25.04		C Davies	Spectrum	29.35	<b>227</b>
2007	P Green	Liv H	26.07		J Clague	Liv H	29.55	<b>195</b>
2008	S Mills	Sale	24.39		J Clague	Liv H	28.50	<b>195</b>
2009	J McCole	Liv H	24.49		L Wood	Warrington	29.35	<b>214</b>
2010	J McCole	Liv H	25.32		J Clague	Liv H	28.22	<b>254</b>
2011	B Russell	Liv Uni	25.44		M Barrett	Liv H	29.04	<b>209</b>

## BIRKENHEAD 5 (First held in 1972, first measured course 1982)

1972-1976 = 5.2 miles 1977-1981 = 4.9 miles

1982 – date = Measured 5 miles (switched from Upper Park to Lower Park in 2007)

1972	<b>?</b>	R Brown	Liv Pem	25.07				
1973	<b>75</b>	F Davies	Liv H	24.34				
1974	<b>53</b>	P Waddington	Liv H	24.49				
1975	<b>92</b>	F Davies	Liv H	24.24				
1976	<b>114</b>	??						
1977	<b>96</b>	R Harrison	Liv H	24.06				
1978	<b>117</b>	G Smith	Liv H	23.07				
1979	<b>154</b>	H Jones	Liv Uni	22.56				
1980	<b>133</b>	H Jones	Liv Uni	23.38				
1981	<b>233</b>	A Blackwell	Wolv&Bilst	22.51				
1982	<b>255</b>	G Helme	St Helens	23.03		<b>Women's Race First Held 1983</b>		
1983	<b>275</b>	S Anders	St Helens	23.12		C Smith	Liv H	29.25
1984	<b>269</b>	M McLoughlin	Liv Pem	23.14		A Deegan	Sale	29.01
1985	<b>219</b>	S Anders	St Helens	23.21		M Burke	Wirral	30.28
1986	<b>277</b>	M McLoughlin	Liv Pem	23.09		G Nicholson	Whitby	28.19
1987	<b>274</b>	G Helme	St Helens	23.17		M Burke	Liv H	28.39
1988	<b>220</b>	M McLoughlin	Liv Pem	23.22		M Henry	Wallasey	29.50
1989	<b>220</b>	B Currie	Liv H	23.47		M Henry	Wallasey	28.47
1990	<b>221</b>	M McLoughlin	Liv Pem	23.07		J Littler	Whitby H	28.58
1991	<b>195</b>	B Currie	Liv H	24.30		J Littler	Whitby H	29.05
1992	<b>195</b>	B Currie	Liv H	23.55		C Grogan	Sth Liv	32.36
1993	<b>329</b>	M McLoughlin	Liv Pem	23.36		J Taylor	Red Cts	29.07
1994	<b>298</b>	D Reilly	Liv Pem	23.58		C Banlin	Sth Liv	30.15
1995	<b>336</b>	M McLoughlin	Liv Pem	23.46		L Cooper	Rosendale	28.46
1996	<b>325</b>	I Pierce	Tipton	23.57		P Morgan	Liv H	29.05
1997	<b>306</b>	D Dudley	LPS	23.54		P Morgan	Liv H	28.17
1998	<b>245</b>	N Jones	Tipton	23.54		C Murphy	Liv H	29.27
1999	<b>255</b>	A O'Brien	Morpeth	24.18		J Clague	Liv H	29.13
2000	<b>195</b>	N Jones	Tipton	23.52		H Lawrence	Wirral	28.56
2001	<b>162</b>	N Vengdasalam	LPS	25.04		J Clague	Liv H	28.52
2002	<b>123</b>	T Dickinson	Blackheath	24.34		R Connolly	Wirral	31.14
2003	<b>133</b>	P McGlory	Liv H	24.45		M Adams	Liv H	31.17
2004	<b>128</b>	P McGlory	Liv H	24.28		S Singleton	Liv H	30.13
2005	<b>160</b>	P McGlory	Liv H	24.05		G Connolly	U/a	32.21
2006	<b>124</b>	P McGlory	Liv H	24.24		H Carroll	Liv H	30.26
2007	<b>123</b>	P McGlory	Liv H	25.35		J Clague	Liv H	29.04
2008	<b>105</b>	J Mellor	Liv H	24.08		M Davies	Liv H	32.19
2009	<b>123</b>	M Keeley	Liv H	25.58		N Palin	Liv RC	30.35
2010	<b>111</b>	P Sankey	Liv RC	27.02		S Whiteside	Liv H	30.45
2011	<b>127</b>	J Riley	Liv H	26.16		E Robinson	Buckley	29.21

## PENNY LANE 10K

1997(10m)	M McLoughlin	PemSef	50.28		M Meredith	Prestatyn	70.13	<b>270</b>
<b>1998</b>	??							
<b>1999</b>	B Masya	Kenya	31.15		J Clague	Liv H	37.05	<b>321</b>
<b>2000</b>	T McDevitt	Wirral	32.46		D Curley	Wigan Ph	36.31	<b>454</b>
<b>2001</b>	L Cadwallader	Liv H	32.21		J Taylor	Liv H	36.18	<b>480</b>
<b>2002</b>	N Jones	Tipton	30.51		J Clague	Liv H	35.40	<b>449</b>
<b>2003</b>	P McGlory	Liv H	31.47		R Connolly	Wirral	38.44	<b>417</b>
<b>2004</b>	J Wycherley	Helsby	33.08		O Renshaw	Vale Royale	36.27	<b>382</b>
<b>2005</b>	A O'Brien	Morpeth	32.22		S Harris	Macclefield	37.56	<b>395</b>
<b>2006</b>	P McGlory	Liv H	30.30		M Woodhouse	U	40.05	<b>380</b>
<b>2007</b>	M Keeley	Liv H	32.01		J Clague	Liv H	36.22	<b>477</b>
<b>2008</b>	D Turnbull	Holmfirth	32.40		K Crickmore	Chester Tri	36.22	<b>486</b>
<b>2009</b>	No Race				No Race			
<b>2010</b>	J McCole	Liv H	33.59		J Clague	Liv H	37.57	<b>314</b>
<b>2011</b>	M Rose	Buckley	33.57		M Vernon	Trentham	38.56	<b>290</b>

## CROXTETH PARK 10K

								finishers
1986	N Vangdasalaam	LivPem	30.09		M Burke	Wallasey	37.11	<b>518</b>
1987	M McLoughlin	Liv Pem	29.30		L Webb	MerseyFB	35.39	<b>478</b>
1988	M McLoughlin	Liv Pem	29.28		K Merry	Wallasey	36.44	<b>?</b>
1989	D Riley	Liv H	31.01		J Littler	Whitby H	37.11	<b>212</b>
1990	N Smart	Sale	31.09		B Smith	Penny Lane	36.57	<b>180</b>
1991	?				?			
1992	M McLoughlin	PemSef	29.27		C Nevin	Penny L	39.56	<b>346</b>
1993	I Hudspith	Morpeth	30.36		C Cutner	SWAC	40.48	<b>131</b>
1993	B Currie	Liv H	30.06		S Crehan	Sale	37.44	<b>182</b>
1994	G Vernon	Warrington	32,25		J Crompton	U/a	39.38	<b>187</b>
1994	K Usher	PemSef	30.58		M McKenzie	Liv RC	40.44	<b>183</b>
1995	B Currie	Liv H	30.38		P Morgan	Liv H	37.48	<b>249</b>
1996	B Currie	Liv H	30.40		L Gore	Wigan Ph	37.13	<b>237</b>
1997	B Currie	Liv H	30.31		C OConnor	N Fylde	39.14	<b>240</b>
1998	D Dudley	PemSef	31.00		P Morgan	Liv H	38.00	<b>344</b>
1999	A O'Connor	Liv H	31.10		J Taylor	Liv H	58.08	<b>302</b>
2000	S McKeivitt	Liv H	32.25		G Jones	St Helens Str	39.30	<b>201</b>
2001	R Berry	SWAC	32.30		S Cooper	SWAC	38.57	<b>220</b>
2002	B Murphy	PemSef	32.29		C Swift	Liv H	39.30	<b>308</b>
2003	No Race				No Race			
2004	M Scaife	Chester-le-St	30.51		J Clague	Liv H	36.18	<b>219</b>
2005	P McGlory	Liv H	30.56		C Whelan	SWAC	38.33	<b>321</b>
2006	P Green	Liv H	32.42		G Connolly	St Helens Str	38.43	<b>226</b>
2007	R Burney	Liv H	32.37		G Connolly	St Helens Str	39.10	<b>238</b>
2008	R Berry	SWAC	32.25		J Clague	Liv H	37.43	<b>208</b>
2009/10	No Race				No Race			
2011RB	J Mellor	Liv H	31.33		A Crook	SWAC	37.28	<b>242</b>

RB = Running Bugs

## FIREFIGHTERS 5

1990	G Helme	Red Cts	23.59		B Smith	Liv RC	29.51	?
1991	M McLoughlin	LivPem	23.40		?			
1992	M McLoughlin	LivPem	23.45		C Flitcroft	Bolton	30.31	?
1993	M McLoughlin	LivPem	23.10		S Crehan	Sale	28.19	<b>400+</b>
1994	M McLoughlin	LivPem	23.17		C Banlin	Sth Liv	29.42	<b>613</b>
1995	P Freary	Bolton	23.39		L Cooper	Rossendale	28.42	<b>590</b>
1996	?				?			
1997	G Ellis	U	24.09		P Morgan	Liv H	27.58	<b>640</b>
1998	?				?			
1999	A O'Brien	Morpeth	24.33		J Thorn	Vale Royal	30.23	<b>406</b>
2000	N Jones	Tipton	24.02		G Jones	StHelens Str	31.25	<b>368</b>

## RIVERSIDE 5/WAVERTREE 5

1992	M McLoughlin	LivPem	24.44		R Dixon	Unattached	33.19	<b>313</b>
1993								
1994	D Reilly	LivPem	24.40		P Morgan	Liv H	31.16	<b>290</b>
1995								
1996								
1997	B Currie	Liv H	24.31		P Morgan	Liv H	28.47	<b>310</b>
1998								
1999	A O'Connor	Liv H	24.50		J Clague	Liv H	29.02	<b>184</b>

## WAVERTREE 5K

2001	A Woods	PemSef	15.40		J Taylor	Liv H	17.45	<b>84</b>
S2005	P Green	Liv H	15.36		J Thorn	N Vets	19.54	<b>64</b>
M2009	C Potts	Liv H	16.22		S Murray	Liv H	19.50	<b>65</b>
Jn2009	P Sankey	Liv RC	16.23		L Murphy	Liv H	20.14	<b>85</b>
Jly2009								
A2009	C Potts	Liv H	16.09		L Murphy	Liv H	19.09	<b>74</b>
S2009	C Potts	Liv H	16.05		L Quarless	Liv H	18.41	<b>71</b>
M2010	A Ashton	Liv H	16.22		J Clague	Liv H	17.52	<b>112</b>
Jn2010	J Mellor	Liv H	15.03		C Wilson	Liv H	19.01	<b>136</b>
Jly2010	S Mills	Sale	15.44		J Clague	Liv H	17.52	<b>134</b>
A2010	P Sankey	Liv RC	16.01		J Clague	Liv H	17.27	<b>142</b>
S2010	G Groves	Liv H	16.14		J Clague	Liv H	17.38	<b>106</b>
M2011	A Kaighin	Liv H	16.19		C Wilson	Liv H	18.59	<b>103</b>
Jn2011	J Riley	Liv H	15.42		S Jarvis	Liv H	18.51	<b>132</b>
Jly2011	C Gundersen	Liv H	15.26		C Wilson	Liv H	19.04	<b>141</b>
A2011								
S2011								