

# HURDLE

## Coach Development Evening

*Aimed at coaches who want to develop their knowledge around basic hurdle skills and drills  
Session will be split into sprint hurdles and 400m hurdles.*

*Coaches are encouraged to bring athletes who are Under 13 and above.*

**DATE:**  
Wednesday 27th  
April 2011

**TIME:**  
7-9pm

**VENUE:**  
Edgehill  
University,  
Sporting Edge,  
L39 4PQ

To book your place, please contact:

**Wally Bridson**

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Merseyside Athletics Forum

