

Merseyside County Schools AA

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Dear Colleague,

I enclose details of the 2012 Merseyside County Schools XC Championships to be held in Sefton Park, Liverpool [ at the Café end of the main obelisk field ] on Saturday 4<sup>th</sup> February starting at 10-30am.

**NON ENGLISH SCHOOLS AGE GROUPS**

This year we will be introducing races for Yr 5 & 6 pupils at a cost of £1 per individual , as well as the yr 7 races, also at a cost of £1 per individual  
NB In Both these age groups the lowest scoring three teams of five individuals from a district will receive team awards , as well as the first three individuals in each race

**ENGLISH SCHOOLS AGE GROUPS** ie Jun [Yr8+9 ] Inter [ Yr 10+11 ] & Seniors

In the Year 7 & Junior [ ie yr 8/9 ] events, teams of five will make up the District teams, with only four to count in the Inter [ 10+11 ] & Senior [ 12 + 13 ] age groups. The inter & senior girls event will run together as teams, although awards will be given for the first three individuals in each of the two age groups

NB The cost for each individual runner **is £2 per individual** with numbers & registration from the café

[ ie the first 4 individuals, in the ESAA age group races, will be automatically invited to compete for MCSAA in the forthcoming ESAA XC Champs ]

Information on race times & course maps will appear on the

[merseysideathletics.org](http://merseysideathletics.org) website

Please enter on line at

[champsec2012@gmail.com](mailto:champsec2012@gmail.com) & then pick up & pay for your number on the day

Approximate Race Times & Distances

<u>10-30</u>	Year 12 / 13 Boys [ Sen Boys]	7,000m
<u>10-32</u>	Year 5&6 Boys <u>10.35</u> 5&6 Girls	1,500m
<u>10 -40</u>	Year 7 Boys	2, 500m
<u>10-45</u>	Year 7 Girls	2, 000m
<u>11-10</u>	Year 8/9 Girls [Jun Girls ]	3, 000m
<u>11-30</u>	Year 8/9 Boys [ Jun Boys ]	4, 000m
<u>11-50</u>	Year 10/11 [Int Girls] &12/13 [Sen G]	3, 500m
<u>12-15</u>	Year 10 / 11 Boys [ Int Boys]	6, 000m

NB Presentations will follow as soon as possible, from the café area  
This year's ESAA Cross Country championships are to be held on Saturday 17th March at Ilton Military Base, Somerset

Regards & Best Wishes

Mike Dooling [ Championship Co-ordinator ]